

Deb's Double Dog Dare - Napa Start

A permanent of 202 kilometers

Total (mi)	Direction	(L=Left, R=Right, S=Straight)	Go (mi)
	CONTROL 1	Open Control: Obtain proof of passage. Silverado Plaza Shopping Center 611 Trancas Street, Napa, CA 94558 Nob Hill Foods, Starbucks Coffee, CVS, etc. (Close: 1 hr. after starting time.)	
0.0	R	Trancas Street - watch for traffic!	0.5
0.5	L	Silverado Trail	16.9
17.4	L	Pope Street - be cautious making turn: fast overtaking and oncoming traffic!	0.6
18.0	Bear L	Restrooms, water in Jacob Meily Park on Right	0.3
18.3	CONTROL 2	Open Control: Obtain proof of passage Intersection of Pope Street and CA-29/Main Street Sunshine Foods, 1115 Main Street, St. Helena 94574; several other establishments can be found along Main Street (Open: 0 hrs. 58 min. Close: 1 hrs. 56 min. after start.) Use caution riding in St Helena. Highly congested with tourist traffic, especially on weekends.	
18.3	U-turn	Turn around and retrace the route along Pope Street back toward Silverado Trail	0.9
19.2	L	Silverado Trail Very fast cross-traffic! Use extreme caution!	100 ft
19.2	R	Howell Mountain Road	0.3
19.5	S	Continue on Howell Mountain Road - begin first climb, 4 miles of 6-10% grade	0.9
20.4	L	Continue on Howell Mountain Road	3.1
23.5	S	White Cottage Road: cross main road (Deer Park to left, Howell Mtn to right) CAUTION: fast cross-traffic does not stop second climb continues 3.8 miles, 6-8% grade with breaks	1.3
24.8	S	White Cottage Road: first false summit	0.9
25.7	S	White Cottage Road: second false summit	0.2
25.9	S	White Cottage Road: CAUTION! Sharp switchback on quick descent!	0.1
26.0	S	Continue on White Cottage at intersection with College Ave., climb continues	1.0
27.0	S	White Cottage - summit of climb!	0.2
27.2	S	Continue on White Cottage at intersection with Ink Grade	0.1
27.3	L	Howell Mountain Road CAUTION: very steep, technical descent, tight turns. Take extra care during wet and/or icy conditions. Keep your speed under control at all times!!!	2.3
29.6	L	Chiles-Pope Valley Road	50 ft
	CONTROL 3	Valley Market: Obtain proof of passage 5850 Pope Valley Rd., Pope Valley, CA 94567 (Open: 1 hrs. 36 min. Close: 3 hrs. 12 min. after start.)	
29.6	L	Chiles-Pope Valley Road	0.8
30.4	L	Pope Valley Cross Road	1.0
31.4	L	Pope Canyon Road. Patchy pavement in places.	7.8
39.2	S	CAUTION: beginning of 13% descent with stop sign at base	0.6
39.8	R	Knoxville-Berryessa Road CAUTION: watch for boating-related traffic, esp. on summer weekends	8.1
47.9	CONTROL 4	Spanish Flat Country Store (on left): Obtain proof of passage 4318 Knoxville Road, Napa, CA 94558 (Open: 2 hrs. 34 min. Close: 5 hrs. 08 min. after start.)	

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47.9	L	Continue on Knoxville-Berryessa Road	4.8
52.7	L	CA-128/Capell Valley Road	4.9
57.6	L	CA-128, Junction CA-121. Convenience store. Hills ahead.	6.4
64.0	S	Summit of Cardiac Hill. Caution! Steep 2-mile descent.	12.8
76.8	R	Main Street in Winters; stay on Main as it bends to the left.	0.9
77.7	S	continue on East Main Street	100 ft
77.7	CONTROL 5 Open Control: Obtain proof of passage Steady Eddys Coffee House, 5 East Main Street, Winters, CA 95694; several other establishments near Main St. and Railroad Ave in Winters (Open: 4 hrs. 10 min. Close: 8 hrs. 20 min. after start.)		
77.7	R	East Main Street	100 ft
77.7	L	Railroad Ave, becomes Winters Road	0.2
77.9	Bear R	Continue on Winters Road	0.2
78.1	R	Putah Creek Road	4.8
82.9	L	Pleasants Valley Road	11.6
94.5	R	Cherry Glen Road	0.8
95.3	R	Lyon Rd	2.3
97.6	R	Hilborn Rd	2.0
99.6	R	Vista Grande. CAUTION: Stop sign at bottom of hill, limited sight distance	0.6
100.2	S	Continue on Vista Grande after crossing 10 Gate Rd	0.9
101.1	R	Waterman Blvd	0.3
101.4	S	Continue onto Mankas Corner Rd	0.9
102.3	L	Abernathy Road	1.8
104.1	R	Rockville Road (at traffic circle)	1.7
105.8	CONTROL 6 Open Control: Obtain proof of passage Intersection of Suisun Valley and Rockville Roads. Valley Cafe, 4171 Suisun Valley Rd, Fairfield 94534 or Tower Minimart or La Barista Espresso & Deli (Open: 5 hrs. 40 min. Close: 11 hrs. 20 min. after start.)		
105.8	R (north)	Suisun Valley Road (becomes Wooden Valley Road)	12.3
118.1	L	CA-121, begin 2-mile 6-8% climb	2.0
120.1	S	CA-121, summit of Mt. George CAUTION: steep descent with sharp corners!	4.9
125.0	S	Continue on Trancas Street. CAUTION: watch for traffic!	0.6
125.6 (202 K)	CONTROL 7 Open Control: Obtain proof of passage. Silverado Plaza Shopping Center 611 Trancas Street, Napa, CA 94558 Nob Hill Foods, Starbucks Coffee, CVS, etc. (Open: 6 hrs. 44 min. Close: 13 hrs. 28 min. after start.) Congratulations! Mail signed card and receipts.		