

Plymouth Permanent Populaire (PPP) Route Sheet

A permanent of 134 kilometers

| Total | Direction | (S=Straight) (yds = yards) | Go |
|----------------|--------------|--|---------------|
| | | Control #1. OPEN: Obtain proof of passage. Bella Bru Café, Carmichael Cycle, Burger King, etc. 5038 Fair Oaks Blvd., Carmichael, CA 95608. (Close: 1 hr. after starting time.) | |
| 0.0 mi. | RIGHT | Arden Way (exit shopping center near dry cleaners and head south on Arden Way bike lane) | 0.6 |
| 0.6 | S | Enter William Pond Park (drinking fountain/public restrooms) | 0.1 |
| 0.7 | LEFT | Onto bike path <i>before</i> entry station | 0.1 |
| 0.8 | LEFT | Enter the American River Bike Trail | 0.1 |
| | | Note: bike trail meanders following the American River. Stay on the main path; look for mile markers painted on the pavement every half mile. | |
| 0.9 | S | Cross American River on pedestrian/bicycle bridge | 0.1 |
| 1 | S | Pass thru River Bend Park | 2 |
| 3 | S | Pass by Hagan Community Park | 4.1 |
| 7.1 | S | Pass under Sunrise Boulevard Bridge | 0.3 |
| 7.5 | S | pass under Old Fair Oaks pedestrian/bike bridge | 2.4 |
| 9.9 | LEFT | Cross Nimbus Road (Nimbus Fish Hatchery is on left) | 30 yds |
| 9.9 | RIGHT | On bike trail; head toward Hazel Avenue bridge | 10 yds |
| 9.9 | LEFT | Stay left on bike trail; parallel bridge; GO UNDER BRIDGE; spillway/dam visible at this point | 0.5 |
| 10.4 | S | cross Gold Country Blvd.; stay on bike trail; winds around Aquatic Center parking lot, then toward park entrance | 0.2 |
| 10.6 | S | cross park entrance road; stay on bike trail | 0.2 |
| 10.8 | RIGHT | on park road | 0.1 |
| 10.9 | LEFT | on park road | 0.2 |
| 11.1 | RIGHT | onto bike trail | 0.2 |
| 11.3 | S | cross plank bridge | 0.8 |
| 12.1 | RIGHT | on bike trail; head toward Folsom Boulevard | 0.4 |
| 12.5 | RIGHT | exit bike trail; cross Folsom Blvd. to Iron Point Road | 0.1 |
| 12.6 | STOP | Iron Point Road, Folsom, CA, near Premium Outlets | |
| | | Control #2. OPEN: Obtain proof of passage. (Open: 40 min. Close: 1 hr. 20 min. after start.) Many options: Burger King, McDonalds, etc. | |
| 12.6 | RIGHT | continue on Iron Point Road | 1.5 |
| 14.3 | RIGHT | Prairie City Road | 2.6 |
| 16.9 | LEFT | White Rock Road | 0.5 |
| 17.4 | RIGHT | Scott Road | 8 |
| 22.4 | S | CAUTION: road subject to flooding past Boys Ranch Rd | |
| 25.4 | LEFT | Latrobe Road | 0.1 |
| 25.5 | RIGHT | Stonehouse Road | 1.5 |
| 27 | LEFT | Jackson Road / Hwy 16 (CAUTION: HIGH SPEED TRAFFIC!) | 0.2 |
| 27.2 | STOP | Intersection of Jackson Road / Hwy 16 & Murieta Drive / Murieta Parkway | |
| | | Control #3. OPEN: Obtain proof of passage. (Open: 1 hr. 28 min. Close: 2 hrs. 56 min. after start.) | |

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| | | Options: Burger King, convenience store, market, etc. | |
| 27.2 | RIGHT | Jackson Road / Hwy 16 (continue east) | 9.2 |
| 36.4 | LEFT | Old Sacramento Road (CAUTION: HIGH SPEED TRAFFIC!) | 1.6 |
| 38 | S | cross Latrobe Road at 4-way stop (NOTE: Old Sac Rd. is is also called Finn Ranch Rd. & Old Plymouth Rd. from here) | 4.6 |
| 42.6 | S | Old Sacramento Road becomes Main Street in Plymouth | 0.4 |
| 43 | STOP | Main Street, Plymouth, CA Control #4. OPEN: Obtain proof of passage. (Open: 2 hrs. 18 min. Close: 4 hrs. 36 min. after start.) Options: Amador Vintage Market, Wells Fargo ATM, etc. | |
| 43 | BACK | Main Street west to Old Sacramento Road | 4.9 |
| 47.9 | RIGHT | Latrobe Road | 6.7 |
| 54.6 | S | CAUTION: DANGEROUS DIAGONAL RAILROAD TRACKS! | |
| 62.1 | RIGHT | White Rock Road | 0.1 |
| 62.2 | RIGHT | into shopping center | 0.1 |
| 62.3 | STOP | El Dorado Hills, CA Control #5. OPEN: Obtain proof of passage. (Open: 3 hrs. 20 min. Close: 6 hrs. 40 min. after start.) Options: Peet's Coffee & Tea, etc. | |
| 62.3 | BACK | to White Rock Road (Caution: cross traffic) | 50 yds |
| 62.3 | LEFT | White Rock Road | 0.1 |
| 62.4 | S | cross Latrobe Road | 2 |
| 64.4 | S | CAUTION: RAILROAD TRACKS! | 0.1 |
| 64.5 | RIGHT | Placerville Road (just after railroad tracks) | 1.4 |
| 65.9 | S | pass under Hwy 50 | 0.4 |
| 66.3 | RIGHT | Scott Road (CAUTION: busy multi-lane traffic area) | 0.1 |
| 66.4 | LEFT | Iron Point Road | 4.6 |
| 71 | S | cross Folsom Blvd.; enter American River Bike Trail | 30 yds |
| 71 | LEFT | on bike trail; parallel Folsom Blvd. | 0.4 |
| 71.4 | LEFT | at "T" intersection on bike trail | 0.7 |
| 72.1 | S | cross wood plank bridge | 0.3 |
| 72.4 | LEFT | enter park road | 0.2 |
| 72.6 | RIGHT | on park road | 0.1 |
| 72.7 | LEFT | on bike trail just before park road | 0.2 |
| 72.9 | S | cross park road near entrance gate; wind around Aquatic Center and parking lot on bike trail | 0.3 |
| 73.1 | S | cross Gold Country Blvd.; stay on bike trail; winds around and heads toward river; loops under Hazel Avenue bridge | 0.5 |
| 73.6 | S | cross Nimbus Road; stay on bike trail | 8.8 |
| 82.4 | S | Cross American River on pedestrian/bicycle bridge | 0.3 |
| 82.7 | RIGHT | Onto first paved bike path | 0.1 |
| 82.8 | RIGHT | At park road, exit William Pond Park | 0.1 |
| 82.9 | S | Arden Way bike lane | 0.6 |
| 83.5 | LEFT | Enter shopping center near dry cleaners; watch-out for fast traffic on Arden Way when turning left! | |
| (134K) | STOP | Control #6. OPEN. Obtain proof of passage. Bella Bru Café, Carmichael Cycle, Luna Lounge, etc. 5038 Fair Oaks Blvd., Carmichael, CA 95608. (Open: 4 hrs. 28 min. Close: 8 hrs. 56 min. after start.) | |