

Plymouth Permanent Populaire (PPP)

The Plymouth Permanent Populaire (PPP) follows the American River upstream, along the south shore of Lake Natoma to Folsom. The route then turns south via, Prairie City Road, and Scott Road to Rancho Murieta. From there the route heads east to historic Plymouth in the heart of Amador County Wine Country. It returns to Folsom via Latrobe Road, and then home via the same route along the south shore of Lake Natoma and the American River. This route passes through riparian forest, oak woodland, grassland and oak savanna, and cattle country. Riding among the large piles of cobbles, dredger tailings, one is constantly reminded of the gold mining activities from the early 20th century.

Some of this ride occurs in the American River Parkway on the Jedediah Smith Memorial Trail, also known as the American River Bike Trail. Watch out for poles between the lanes at intersections to keep motor vehicles from entering the trail; the poles are hazardous to cyclists. Bathrooms, water, and shade are available at various points along the trail. While riding along the American River, riders must keep an eye out for turkeys, ground squirrels, and other wildlife darting across the trail. The bike trail has mile markers in half-mile increments painted on the asphalt which count up as you ride east toward Folsom Lake.

Total mileage for PPP is 83.5, with a total elevation gain of about 3,800 feet. The route is available year round but is subject to occasional detours along the bike trail due to flooding in high water years. NOTE: Scott Road, just south of Boys Ranch Road, is subject to flooding. There is no alternative route at this location.

CONTROLS:

OPEN IN PLYMOUTH

OPEN IN CARMICHAEL @ 5 POINTS:

Bella Bru Café
Five Points Shopping Center
5038 Fair Oaks Blvd. (at Arden Way)
Carmichael, CA 95608
Open: MON-FRI 5:30AM-9PM
SAT & SUN 6:30AM-9PM

Luna Lounge (adjacent to Bella Bru)
Five Points Shopping Center
5038 Fair Oaks Blvd. (at Arden Way)
Carmichael, CA 95608
Open: SUN-WED 2PM-Midnight
THURS-SAT 2PM-2AM

OPEN ON IRON POINT RD. @ FOLSOM BLVD. BY FOLSOM PREMIUM OUTLETS

Numerous options including:
Taco Bell, Burger King,
McDonalds, Taqueria El Tapatio

Amador Vintage Market
9393 Main Street
Plymouth, CA 95669
(209)245-FOOD
Open: WED – SUN 10AM-6PM

Plymouth Trading Post (C-store)
18725 Hwy 49
Plymouth, CA 95669
(209)245-6303

OPEN @ RANCHO MURIETA

Burger King
14813 Jackson Road
Sloughouse, CA 95683
(916)354-9806

Rancho Murieta Country Store
7175 Murieta Drive
Rancho Murieta, CA 95683

OPEN IN EL DORADO HILLS @ LATROBE RD. & WHITE ROCK RD.

Peet's Coffee & Tea
1004 White Rock Road, Suite 100
El Dorado, CA 95762